

# Bianca Juárez Olthoff

- The Inner Saboteur
  - The voice in your head questioning, “Who are you to do this, and why are you here?” and saying, “You don’t belong here,” is your inner saboteur.
  - Imposter syndrome is defined as feelings of inadequacy that persist despite evident success; a sense of intellectual fraudulence.
  - Some leaders are hard-wired for battle, while others feel reluctant and inadequate.
- Chosen to Lead [05:13]
  - You were chosen to lead for a reason.
  - Will you lead when you are invited to?
  - There are those who are looking for leadership, and there are those where leadership comes looking for you.
  - You are chosen to lead.
  - There is a mind shift that happens when you are chosen for something.
  - What are you missing out on, or who are you missing out on impacting, by not saying yes to leadership?
  - When leadership chooses you, you choose to lead.
  - When you do not feel like you are qualified, choose to lead.
- Leading in Crisis and Inconvenience [12:51]
  - Sometimes our best leaders are the ones who are hiding.
  - The crisis may cause you to fear, but you do not have permission to quit.
  - Your crisis does not dictate your capability, competency, or commitment.
  - Choose to lead when it is inconvenient.
- An Identity Shift [17:30]
  - When you know your identity, it moves you into action.
  - When you step into your calling, there are ripple effects you cannot imagine.
- Mighty Warriors [22:26]
  - If leadership is easy for you, invite the reluctant leaders around you to rise.
  - If you are a reluctant leader, you can boldly declare, “I am a chosen leader who is choosing to lead.”
  - We cannot change or control our surroundings, but we can honor the call upon our lives to lead.
  - The opposite of unqualified isn’t qualified. The opposite of qualified is chosen.